



Phillip and Yesenia Braunstein
(909) 827-3078
braunsteinyesenia@yahoo.com

To: Couples Preparing for Marriage/ Couples Interested in Natural Family Planning

Dear Couples:

Thank you for your interest in natural family planning. We are the teaching couple through our parish, Sacred Heart Catholic Church, Rancho Cucamonga. We are excited about the opportunity to share what natural family planning is and how it has blessed our marriage.

As you plan to complete this natural family planning course, it is important for you to know that the series consists of 3 classes - 1 class per month for 3 months. In order to receive your certificate of completion, each couple must attend all 3 classes.

To get started, please visit ccli.org. Click on "Search/Register for a Class" and enter your zip code in order to find and register for our next scheduled series. Location, dates, and times will be detailed on this site. **Please register as soon as possible; spaces are limited.** If you are not able to attend our onsite classes, this site will also show other teaching couples and classes close to our area in which you can attend. The cost is \$130 which includes the materials plus everything you will need to begin natural family planning.

If you have any questions, please feel free to contact us. We look forward to meeting you!

Blessings,

Phillip and Yesenia Braunstein